



# Family Music – Play With Me

Activities for the Whole Family



Songs and Dances for Young Children.



## Dear Parents,

Children have an inborn love for music! They are born with the aptitude to sing, to move rhythmically, and to express themselves musically! Our fondest hope for *Family Music* is that it will help you and your toddler enjoy musical play together to develop these natural talents.

In this booklet you will find songs and activities from the *Family Music* collection with suggestions for using them at home.

Very young children love repetition and learn best in this way. At home you can repeat the activities in appropriate moments, making them more intimate and personal while doing them over and over to the delight of your child. Living with music daily at home complements the weekly *Family Music* class in which you have the opportunity to share a musical experience with other parents and toddlers.

Home is the most important learning environment in your child's lifetime, and your role as parent/caregiver is a crucial one in this dynamic period of development. Your love and closeness support a happy, well-adjusted child; your presence and participation confirm the value of the activity and provide the security to explore.

Sing often with your child! While the songs on the recording provide an excellent model, nothing is more important for your child's musical development than your own active participation in music-making. Join together in singing, dancing, and playing instruments, involving everyone in your family.

Take this book as a source of ideas for playing musically with your toddler, by yourselves and with other families, indoors and out, on special occasions and in quiet moments. Then let your own creative impulse guide you; follow your child and invent activities together. Know that as you play, your child is learning invaluable lessons for life.

*Lorna Lutz Heyge*

*Audrey Sillick*

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# Humpty Dumpty



Old Hump - ty Dump - ty sat on a wall. Old Hump - ty had a great fall. Old  
Hump - ty Dump - ty sat on a wall. Old Hump - ty had a great fall.  
All the king's hor - ses and all the king's men  
could - n't put Hump - ty to - ge - ther a - gain. ge - ther a - gain.

You and your child will have fun bouncing to the beat of this lively German song. Invite your child to sit on your outstretched legs when you are seated on the floor. Be sure to let your child slide gently to the floor when Humpty “falls.”

Listen for the “falling down” slide of the trumpet in the recording. Can you do that with your voice?

Melody from the German Folksong *Es war ein Männlein*

**Recorded by:** Children’s Choir, Trumpet, French Horn, Trombone, Piano

# Diddle, Diddle, Dumpling



Diddle, diddle, dumpling, my son John  
went to bed with his trousers on.  
One shoe off and one shoe on,  
diddle, diddle, dumpling, my son John.

Ask your child to lie down on the floor and grasp his/her ankles. Chant the first two lines of this charming nursery rhyme rhythmically, moving the legs alternately up and down while chanting. Take delight in the sounds and rhythm of the words. For line 3, shake one leg and then shake the other. For line 4, return to rhythmic movement. End the verse with an affectionate movement such as a tickle or a hug.

As your child becomes familiar with the verse, s/he may wish to do the movements with the legs of a doll or stuffed animal.

# Let's Play Now



Let's play now, let's play now, be - gin with your thumbs. Let's



tap them, let's tap them, let's tap and have some fun. And



when your thumbs are all tapped out, then take your hands and rub a - bout. Let's



rub them, let's rub them, let's rub and have some fun.

Vs. 2 Let's rub now, let's rub now, let's rub and have some fun.  
Let's rub now, let's rub now, let's rub and have some fun.  
And when your hands are all rubbed out,  
then take your fists and pound like this.  
Let's pound now, let's pound now, let's pound and have some fun.

Vs. 3 Let's pound now, let's pound now, let's pound and have some fun.  
Let's pound now, let's pound now, let's pound and have some fun.  
And when your fists are pounded out,  
then take your elbows and stretch like this.  
Let's stretch now, let's stretch now, let's stretch and have some fun.

Vs. 4 Let's stretch now, let's stretch now, let's stretch and have some fun.  
Let's stretch now, let's stretch now, let's stretch and have some fun.  
And when your elbows are all stretched out,  
then tap your toes and touch your nose.  
Let's tap now, let's tap now, let's tap and have some fun.

Vs. 5 Let's tap now, let's tap now, let's tap and have some fun.  
Let's tap now, let's tap now, let's tap and have some fun.  
And when your toes and nose are done,  
then nod your head and have some fun.  
Let's nod now, let's nod now, let's nod and take a rest.

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